



# QUIS TIMES



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## MEDALS WON BY BOTH TEAMS AT SOCCER FUN DAY

On Saturday, July 21st, Quinte United Immigrant Services held its first Soccer Fun Day. The games were played at West Zwick's Park and it was a beautiful day.

There were 21 children, ranging in age from 2 to 16. They were split into the Blue team and the Green team. The Green team was coached by Stephen Kirby, QUIS Settlement Counselor and the Blue team was coached by Josh Connell, a new volunteer for QUIS.

Two games were played, with the Green team winning the first and the Blue team taking the second game. Even the parents got in on the action and everyone had a lot of fun!



In between the games, QUIS provided a lunch of hot dogs, chips and watermelon. Lunch was cooked and served by QUIS staff and volunteers.

Since both teams won a

game, both teams won medals as champions of the first QUIS Soccer Fun Day.

The event was sponsored by the Foxboro Lions' Club and the medals were supplied by Star Trophies in Belleville.

## NEW ENGLISH CONVERSATION GROUP AT QUIS

QUIS began another English Conversation Circle on Monday afternoons from 3:00 to 4:30 p.m. in the QUIS office.

It's a free opportunity for newcomers to practice their English in a relaxed, fun environment. We provide a

way for newcomers to Canada to practice in 'real' situations and socialize with Canadians. This ECC is facilitated by a volunteer experienced in teaching English as a Second Language in Canada and overseas.

The ECC at the Quinte Alliance Church has moved to the Seminar Room on the second floor in the Belleville Public Library in a new partnership. It will continue to be Thursday nights from 6:00 until 7:30 p.m. Hope to see you there!

### SPECIAL POINTS OF INTEREST:

- Since May 2007, the Newcomer ERC has been able to find 31 new immigrants jobs
- QUIS and Albert College have partnered once again to offer newcomer students free one-on-one tutoring
- Canada's Citizenship Week was October 15 to 21
- QUIS Family Picnic at the Tom Gavey Pavilion
- Host match program success with a gentleman from the Philippines
- Upcoming holiday season events

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Are you looking for some extra money and need some help finding a job?

The Newcomer Employment Resource Centre can help!

## NOW IS THE TIME TO FIND A JOB!

Since May 2007, the Newcomer Employment Resource Centre has been able to find 31 newcomers and immigrants jobs.

Employment Counsellor Karen Richey has recently returned from a trip abroad and was happy to see that Nadine d' Aragon, Richey's temporary replacement was able to keep the streak alive.

Together Nadine and Karen were able to find 3 jobs for people during the month of

September. October saw 6 jobs found in engineering, laboratory work, child care and customer service. Nadine's background is in office administration and management. She also has previous experience as a service representative at Manpower, where she did recruiting, interviewing and employment testing.

Over the summer, QUIS has helped lots of people find employment. In August, 7

people found work in fields including manufacturing, customer service and in the veterinary field. In July, one person found work in the hotel industry, four in manufacturing and three in customer service.

With Karen's return we are hopeful to see many more newcomers and immigrants get the jobs they want. If you are looking for a job, please contact Karen by phone at 613-968-7723 ext. 23.

## HOMEWORK CLUB STARTS AGAIN AT ALBERT COLLEGE

### HOMEWORK HELP FOR STUDENTS

Tuesday October 16th was the opening night for the Homework Club. QUIS and Albert College have partnered once again to offer newcomer students free one-on-one tutoring from Albert College students. Newcomer students will be able to get help in a variety of subjects as well as practice their English

and learn about Canadian traditions.

Opening night saw 8 newcomer students from countries like Iraq, Colombia and Brazil ranging in age from 5 to 16. They received help with Math, English, reading and writing. Four more newcomer students have joined the club since .

Aside from the break for the

holiday season and March break, the sessions will be every Tuesday from 6:30 to 8:00 p.m. at Albert College, 160 Dundas Street West, Belleville.

To participate, students must register with QUIS. If you would like to register your children, call Mark at 613-968-7723 ext. 22.

THE HOMEWORK CLUB RUNS EVERY TUESDAY FROM 6:30 TO 8:00 P.M AT ALBERT COLLEGE.



Canada's Citizenship Week is an annual event celebrating the value of citizenship

## CELEBRATING CANADA'S CITIZENSHIP WEEK

Ottawa — The Honourable Diane Finley, Minister of Citizenship and Immigration, launched Canada's Citizenship Week, which ran from October 15 to 21.

Canada's Citizenship Week is an annual event celebrating the value of citizenship, particularly with respect to the privileges and responsibilities

of being a Canadian citizen. The theme for 2007 is *My Citizenship*.

"During this special year, the 60th anniversary of Canadian citizenship, Citizenship Week gives us an opportunity to reflect on our common values of freedom, democracy and opportunity for all," said Minister Finley. "Canada's New

Government is committed to helping newcomers succeed. I am honoured to launch this Citizenship Week by welcoming Canada's newest citizens."

For more information on Canada's Citizenship Week, visit [www.cic.gc.ca](http://www.cic.gc.ca).

## SUMMER FAMILY PICNIC LOTS OF FUN FOR ALL

On August 25, the QUIS Family Picnic was held at the Tom Gavey Pavilion at Zwick's Park from noon to 2 p.m. There were approximately 40 people at the picnic.

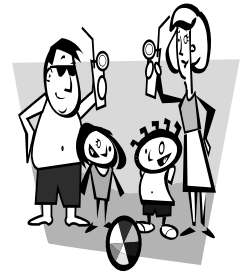
Despite periodic rain, everyone enjoyed this special day. In addition to food from Lebanon, Brazil, Vietnam, Mexico, Peru, Korea, Canada and other countries, the children participated in numerous games. Steve Kirby of

QUIS was the "game master". There was a sack race, a three-legged race, broom hockey, a shoe kicking contest, a water relay and a penny relay, as well as a squirt gun game. The gamers were divided into two teams, but everyone was a winner because both teams tied in fun!

"I think it's great when families get together and share a meal. It was great to see children from many different

backgrounds laughing together and playing games in the park," says Kirby.

QUIS volunteer Mike Thomson cooked up the Canadian food. It was hot dogs supplied by QUIS. "We almost didn't have any hot dogs because we couldn't get the power working. But thankfully, we got the BBQ fired up in time," said Thomson. "I hope we have better weather next year."



The QUIS Family Picnic was held at the Tom Gavey Pavilion at Zwick's Park on August 25th.

## HOST MATCH PROFILE: JOHN MARK & HIS MATCH

My name is John Mark Robertson. I have been involved in the Host Program for the last several months. I am matched with a gentleman from the Philippines.

Since I have a background in ESL, I thought I would be able to help this man work on his English pronunciation. He told me that his co-workers sometimes had a little diffi-

culty understanding him.

We have been meeting on Sunday afternoons at Tim Horton's. We have a relaxed, informal session: we chat a bit and then work on some pronunciation exercises that I find on the Internet or in my stockpile of teaching material.

My match is very dedicated and practices what he has learned at home.

I enjoy our weekly meetings and have learned a lot about his previous life and work experience. At the same time, I have been able to give him some tips about coping with life in Canada and Belleville.

Some even better news: my match recently found a better, more challenging job.

Congratulations!

WE CHAT A BIT AND THEN WORK ON SOME PRONUNCIATION EXERCISES THAT I FIND ON THE INTERNET OR IN MY STOCKPILE OF TEACHING MATERIAL.

## UPCOMING EVENTS: SANTA CLAUS PARADE & HOLIDAY CELEBRATION

The 7th Annual Santa Claus Nighttime Parade in Belleville will be on Friday November 16th at 6 p.m.

This year, QUIS will be entering a float with some of its partners. The theme for the float will be "Our home is your home." It will feature flags of the home countries of the immigrants and refugees QUIS helps.

If you would like your country to be represented at the Parade, you can lend us a flag from your home country, or better yet, you could dress up in your traditional clothing and be one of our walkers!

QUIS will also be having its annual Children's Holiday Celebration on Friday, December 7th. Santa Claus has a busy schedule getting ready

for Christmas and we are hoping he will be able to join us for our party again this year.

We will be sending out e-mail notices and flyers for the Children's Holiday Celebration soon. Make sure you call us and let us know if you and your children will be attending.



If you would like your country to be represented at the Parade, you can lend us a flag, or dress up in your traditional clothing and be one of our walkers!



## QUINTE UNITED IMMIGRANT SERVICES

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WE'RE ON THE WEB!

[WWW.QUIS-IMMIGRATION.ORG](http://WWW.QUIS-IMMIGRATION.ORG)

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SERVING THE QUINTE AREA  
FOR OVER 20 YEARS!

## OUR MISSION

Quinte United Immigrant Services will guide those newcomers isolated by culture and language in the Quinte area through the process of settlement and adjustment, encourage the community to respect the diversity of immigrants by promoting recognition of the value of racial and cultural differences, and facilitate the integration and participation of newcomers into the social, economic and cultural life of the community.

## OBJECTIVES

- ♦ To operate as a charitable organization to prevent and relieve the distress experienced by immigrants settling in Canada
- ♦ To assist immigrants in locating affordable housing, furnishing and other related items
- ♦ To locate agencies and services to meet the needs of immigrants
- ♦ To cooperate and collaborate with and assist other organizations concerned with the general welfare of immigrants to Canada

## SERVICE DESCRIPTION

Quinte United Immigrant Services currently offers direct, essential services to newcomers to Canada including reception, orientation, translation/interpretation, referral to community resources, solution focused counseling, general information, employment-related services to meet the needs of newly arrived immigrants any time after their arrival in Canada.

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## MAKE BACK TO SCHOOL A SUCCESS!

Fall is here and with the changing of the leaves, the kids have gone back to school. It is a busy time and a time of mixed feelings for many young students. There is excitement about seeing old friends and, at the same time, anxiety about school performance and making new friends.

To make sure that your kids' return to school is successful, you may want to think about these tips:

- ♦ For young kids, have a fixed bedtime that lets them feel well-rested in the morning.
- ♦ Have the children pre-

pare what they can the night before (pick out clothes, pack a healthy lunch your child likes, pack the school bag, etc.)

- ♦ Talk to the child's school and find out what the routines are and what is expected

Kids can have real worries about school. It is important to support them.

- ♦ Respond to signs of anxiety by talking to your child about school concerns
- ♦ Make time to listen when kids want to talk

- ♦ Help your child understand that no one is good at everything—both parents and kids do better at some things than others

- ♦ Be involved with school-related activities or events. Praise your child for positive efforts even if you don't see the results yet

These are just a few ideas. If your children are experiencing any troubles at school, don't hesitate to contact the school. QUIS can assist you in contacting the school and getting help for your young students.



Quinte United Immigrant Services is funded by the Government of Canada, the Government of Ontario, and the United Way of Quinte